# Online Resources

# Cyberbullying

## WEBSITE: Cyberbully411.org

**DESCRIPTION**: Cyberbully411, created by Internet Solutions for Kids, is an effort to provide resources for youth who have questions about or have been targeted by online harassment.

## WEBSITE: CyberbullyHelp.com

**DESCRIPTION**: Provides cyberbullying book resources for parents, educators and students.

#### WEBSITE: StopBullyingNow.hrsa.gov

**DESCRIPTION**: Offers flash movies, games, and information about bullying and how to prevent it. Some of the flash movie "webisodes" focus on cyberbullying. English and Spanish versions are available.

## WEBSITE: StopCyberbullying.org stopbullyingnow.hrsa.gov

**DESCRIPTION**: Provides relevant cyberbullying prevention and Internet safety information for parents, teachers and police officers, as well as children and youth.

## Internet Safety for the Family

## WEBSITE: CafeAspira.com

**DESCRIPTION**: Dedicated to promoting cyber awareness, particularly within the Latino community, and to helping parents protect themselves and their children against cyber predators, bullies and frauds. Information on cyberbullying, cybersafety, cyberfraud and cyberpredators is available in English & Spanish.

#### **WEBSITE: Childnet-Int.org**

**DESCRIPTION**: Childnet International helps children and young people to use the net constructively, acquire new "net literacy" skills, and give advice about Internet and mobile safety.

## **WEBSITE:** CommonSenseMedia.org

**DESCRIPTION**: Common Sense Media is dedicated to improving the lives of kids and families by providing the trustworthy information, education, and independent voice they need to thrive in a world of media and technology.

#### WEBSITE: ConnectSafely.org

**DESCRIPTION**: ConnectSafely is a forum for parents, teens, educators, and advocates designed to give teens and parents a voice in the public discussion about youth online safety, and has tips, as well as other resources, for safe blogging and social networking. Along with NetFamilyNews.org, it is a project of the non- profit Tech Parenting Group.

## WEBSITE: Ctap4.org/cybersafety/cp.htm

**DESCRIPTION**: Provides training materials, free posters and information for classroom teachers, school administrators, board members, law enforcement, safe school planning teams, parents and teens.

## WEBSITE: CyberCitizenship.org

**DESCRIPTION**: Establishes a broad sense of responsibility and community in order to develop in young people smart, ethical and socially conscious behavior.

## **WEBSITE: CyberSmart.org**

**DESCRIPTION**: CyberSmart! helps educators gain the 21st century skills needed to safely harness the Internet's potential - promoting students' creative inquiry, collaboration, and critical thinking. They offer CyberSmart! Online Workshops, facilitated professional development and the free CyberSmart Student Curriculum empowers students to use the Internet safely, responsibly, and effectively. The free Cybersmart! Educator Toolbar puts 21st century skills into practice every day, with just-in-time 24/7 access to annotated essential resources to support student learning.

## WEBSITE: cybersmart.gov.au

**DESCRIPTION**: Provides activities, resources and practical advice to help young kids, kids, teens and parents safely enjoy the online world.

#### WEBSITE: Digizen.org

**DESCRIPTION**: Practical advice on cyberbullying, using social networking sites safely and creatively, and being a good net citizen. Check out their cyberbullying films and teacher guides.

## WEBSITE: Disney.com/OnlineSafety

**DESCRIPTION**: Advice for parents on how to keep their child safe on the Internet.

## WEBSITE: FBI-SOS.org

**DESCRIPTION**: The FBI-SOS (Safe Online Surfing) Internet Challenge is a free, online, educational program available to public and private schools nationwide. Designed to meet federal and state internet safety mandates, students take web-based quizzes and complete an online Scavenger Hunt to learn important internet safety and cyber citizenship concepts.

## WEBSITE: GetNetWise.org

**DESCRIPTION**: The GetNetWise coalition works to provide Internet users with the resources they need to make informed decisions about their and their family's use of the Internet.

## WEBSITE: ICRA.org

**DESCRIPTION**: The Internet Content Rating Association (ICRA) web site contains information and downloads on the content rating system.

#### WEBSITE: InfiniteLearningLab.org

**DESCRIPTION**: Garfield animated comics educate kids about cyberbullying and online safety. Other topics in development include digital and media literacy. Students watch animated lessons, try interactive, guided practice and apply knowledge to earn safety certificates. Includes downloadable teacher lesson plans.

#### WEBSITE: NetFamilyNews.org

**DESCRIPTION**: A nonprofit news service for parents, educators, and policymakers who want to keep up on the latest technology news and commentary about online youth, in the form of a daily blog or weekly email newsletter.

#### WEBSITE: NetBasics.org.nz

**DESCRIPTION**: This award-winning site from New Zealand is composed of 10 highly entertaining flash animations following the travels of the Jones family as they negotiate their way around the Internet. The series includes a collection of good and bad characters in fictional adventures that engage users

while they deliver a serious message about the security threats we face every day online.

## WEBSITE: OnGuardOnline.gov

**DESCRIPTION**: Provides practical tips from the federal government and the technology industry on topics such as identity theft, spyware, phishing, spam and ecommerce/ shopping online. Their colorful flash-based quiz section would be great for student use and includes 13 games that help kids test their cybersmarts. Resources are available in English and Spanish. Schools can order bulk copies of NetCetera: Chatting With Kids About Being Online to send home to parents.

## WEBSITE: PewInternet.org

**DESCRIPTION**: Produces reports exploring the impact of the Internet on families, communities, work and home, daily life, education, health care, and civic and political life.

#### **WEBSITE: SafeKids.com**

**DESCRIPTION**: This site contains information for children, parents, teachers, and officials on Internet safety and Internet family resources.

## **WEBSITE: StaySafe.org**

**DESCRIPTION**: Staysafe.org is an educational site intended to help consumers understand both the positive aspects of the Internet as well as how to manage a variety of safety and security issues that exist online.

## WEBSITE: StaySafeOnline.org

**DESCRIPTION**: Through collaboration with the government, corporate, non-profit and academic sectors, the National Cyber Security Alliance seeks to create a culture of cyber security and safety awareness by providing knowledge and tools to prevent cyber crime and attacks.

#### **WEBSITE: WiredKids.org**

**DESCRIPTION**: This site contains Internet safety information for children, parents, teachers, and officials. It provides links to child-friendly and other Internet safety sites as well as fun games and activities.

## WEBSITE: WiredSafety.org

**DESCRIPTION**: WiredSafety.org provides one-to-one help, extensive information, and education to cyberspace users of all ages on a myriad of Internet and interactive technology safety issues. The website also has an important resource for parents – a downloadable translator for cyber-lingo and acronyms used by teens.

# Internet Safety for Kids

#### WEBSITE: Admongo.gov

**DESCRIPTION**: This game-based website helps to prepare kids ages 8 - 12 about media literacy in the modern world. The online game allows kids to create an avatar and features four levels of play to provide them with the skills they need to make informed decisions about advertising and the things they buy.

## WEBSITE: CyberCrime.gov/rules/kidinternet.htm

**DESCRIPTION**: Provides model acceptable use policies, info about being a good cybercitizen, rules for cyberspace, a lesson plan outline and links to other sites.

## WEBSITE: www2.disney.co.uk/DisneyOnline/Safesurfing/cybernetiquette/

**DESCRIPTION**: In this series of comics, children learn about proper Internet ethics and the importance

of keeping private information private. Join classic Disney characters for adventure, fun, and online awareness tips.

## WEBSITE: iKeepSafe.org

**DESCRIPTION**: iKeepSafe educational resources teach children of all ages, in a fun, age-appropriate way, the basic rules of Internet safety, ethics, and the healthy use of connected technologies.

## WEBSITE: Kinsa.net/Keeping Kids Safe

**DESCRIPTION**: This "Web of Deception" cyber-safety comic (in English and French) takes kids on an exciting adventure into the underworld of crime (and slime!) while reinforcing Kinsa's Surf Smart™ principles. Teacher lesson plans and family discussion guides are available too.

#### **WEBSITE: McGruff.org**

**DESCRIPTION**: McGruff the Crime Dog and pal, Scruff, bring ideas about kids staying safe through safety puzzles, games, and coloring pages.

#### **WEBSITE: NetSmartz.org**

**DESCRIPTION**: The NetSmartz Workshop is an interactive, educational safety resource from the National Center for Missing & Exploited Children and Boys & Girls Clubs of America that uses age-appropriate, 3D activities to teach children how to stay safer on the Internet.

#### **WEBSITE: NSTeens.org**

**DESCRIPTION**: Covers topics like social networking and cyberbullying. The site uses flashbased comics and videos to explain how to use the Internet safely and avoid cyber-bullies and predators.

#### **WEBSITE: SafeTeens.com**

**DESCRIPTION**: This site provides tips, advice, links, and suggestions to help make your family's online experience fun and productive.

## WEBSITE: TeenAngels.org

**DESCRIPTION**: FBI-trained teens and preteens who promote Internet safety.

#### WEBSITE: WebWiseKids.org

**DESCRIPTION**: Web Wise Kids offers fun, challenging and interactive simulations based on real-life criminal cases, focusing on issues like piracy, fraud, online romances, bullying, social networking, blogging, cyber stalking, online predators, identity theft and more.

# Parental Controls for Your Personal Computer (PC)

Supervise your child's computer usage by setting up parental controls. You can decide what programs they can use, set limits for how much time they're on the computer, and what games they can play based on the game's ratings.

## Mac OS X Leopard

WEBSITE: www.apple.com/macosx/features/parentalcontrols.html

#### Microsoft Windows 7

WEBSITE: www.windows.microsoft.com/en-us/windows7/Set-up-Parental-Controls

#### Microsoft Windows Vista

WEBSITE: www.gamesforwindows.com/isyourfamilyset

WEBSITE: www.windows-help-central.com/parental-controls-in-windows-xp.html

## Parental Controls for Your Gaming Console or Handheld Games

Setting up parental controls allows you to limit or restrict the games your child can play based on the Entertainment Software Rating Board (ESRB) game rating categories. You can restrict interaction access for your child to chat, exchange photos, post photos, or connect to the Internet. Other features include blocking access to create new accounts and limiting the DVD movies a console can play.

Microsoft Xbox 360

WEBSITE: www.xbox.com/isyourfamilyset

Nintendo

WEBSITE: www.nintendo.com/corp/parents.jsp

Sony PS2, PS3 and PSP

WEBSITE: www.us.playstation.com/support

## Video Game Ratings and Reviews

WEBSITE: ESRB.org

**DESCRIPTION**: The Entertainment Software Ratings Board assigns ratings, enforces advertising guidelines, and helps ensure online privacy practices for the interactive entertainment software industry. The ESRB "Widget" provides parents with information about a game's rating category, content descriptors, platform and rating summary.

#### WEBSITE: WhatTheyPlay.com

**DESCRIPTION**: What They Play is the parents and family guide to video games, with weekly insight into the latest game releases and tips for moms and dads about their kids and video games.