

[r e s p e c t]

Primary Prevention for
Teen Dating Violence, Sexual Violence, and Trafficking



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HEALTH**

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THE SEX ABUSE
TREATMENT CENTER



You Will Learn



WHAT?

Sexual violence is and in what ways it can occur in a dating relationship or with a past partner that may be a risk factor for trafficking.



WHY?

We need to know the impact that it has on a person's overall wellbeing and the importance of healthy relationships.



HOW?

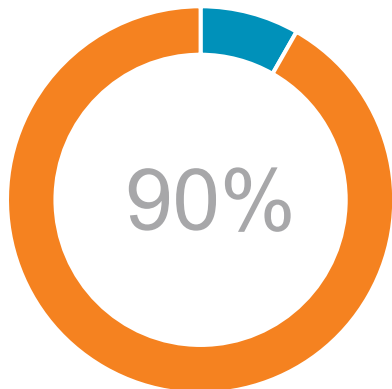
We can **start strong** in our relationships so that we can stay safe, and ways to help a friend who is experiencing teen dating violence.



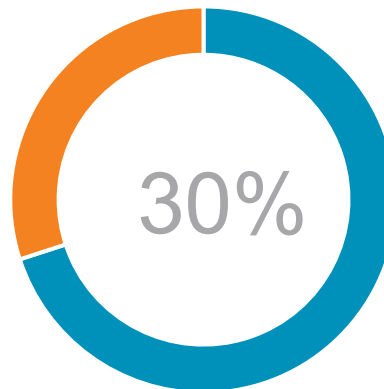
Sexual Grooming



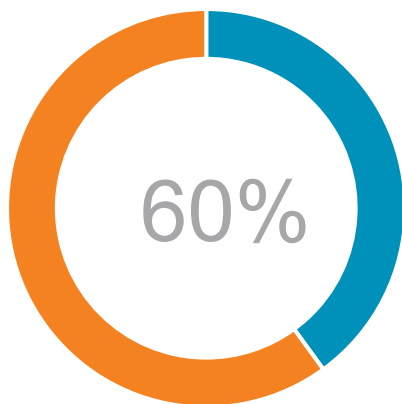
Youth Victims Often Know the Perpetrator



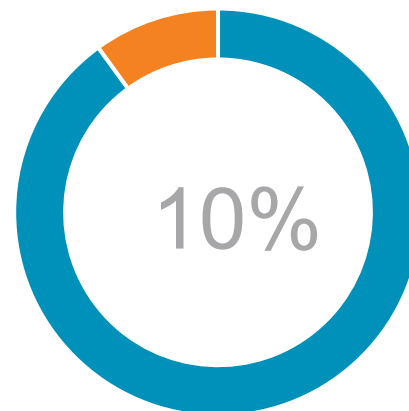
About 90% of children who are victims of sexual abuse know the abuser



30% of children are abused by immediate or extended family



60% of abusers can be acquaintances, teachers, neighbors, or community leaders

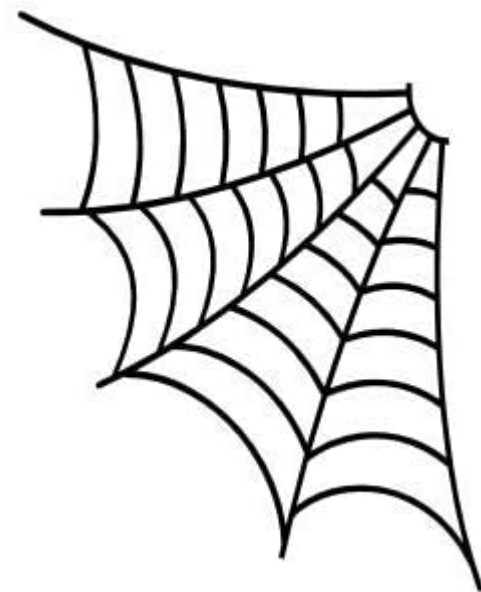


Only 10% of children are sexually abused by a stranger



What is Sexual Grooming?

- A process that involves gaining trust and breaking down defenses through manipulation to:
 - Gain access to the youth
 - Gain the youth's compliance
 - Maintain the youth's secrecy
- Offenders not only groom the youth, but also their **family** and the **community** as well.



Types of Grooming



Sexual Violence & Teen Dating Violence



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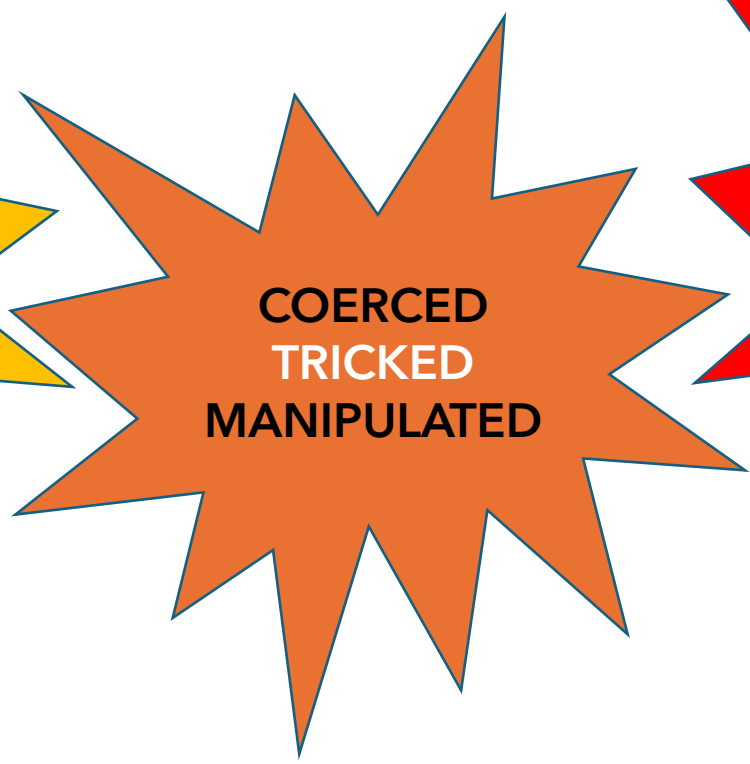


What is Sexual Violence?

Sexual violence is any sexual activity (both contact and non-contact) that is:



**UNWANTED
THREATENED**



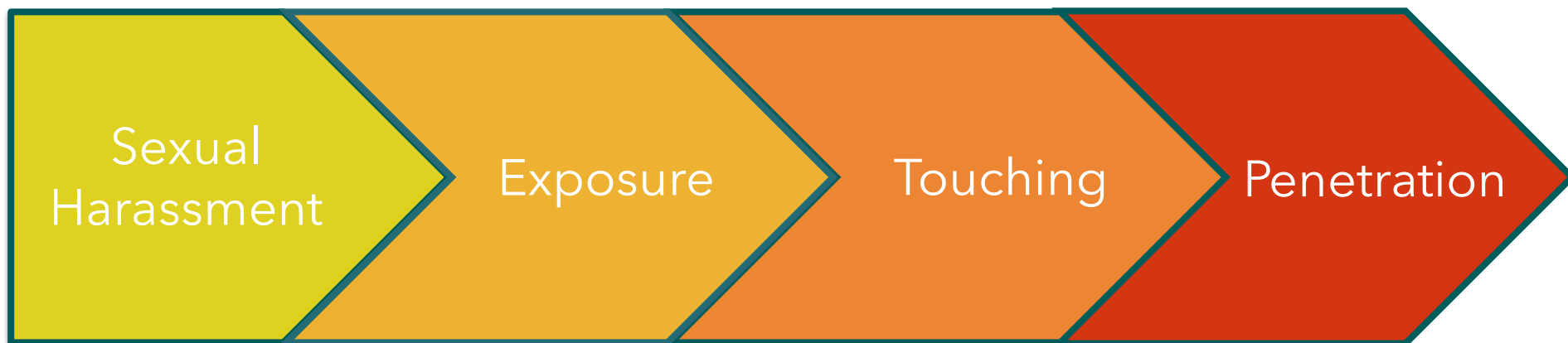
**COERCED
TRICKED
MANIPULATED**



**INTIMIDATED
FORCED
PRESSURE**



Types of Sexual Violence



Unwanted, repeated sexual actions or words.

Unwanted looking at private parts or showing of private parts.

Unwanted touching of private parts or being made to touch another person's private parts.

Unwanted vaginal, oral, or anal penetration.



What is Teen Dating Violence?

Teen Dating Violence (TDV) is abuse or aggression that occurs in a romantic relationship with current or former partners. TDV can take place:



IN-PERSON

ONLINE

**THROUGH
TECHNOLOGY**

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Types of Teen Dating Violence

Psychological
Aggression

Verbal & non-verbal communication intending to emotionally harm or to exert control over a partner.

Stalking

Repeated, unwanted attention and contact by a partner that causes fear or concern for safety.

Sexual
Violence

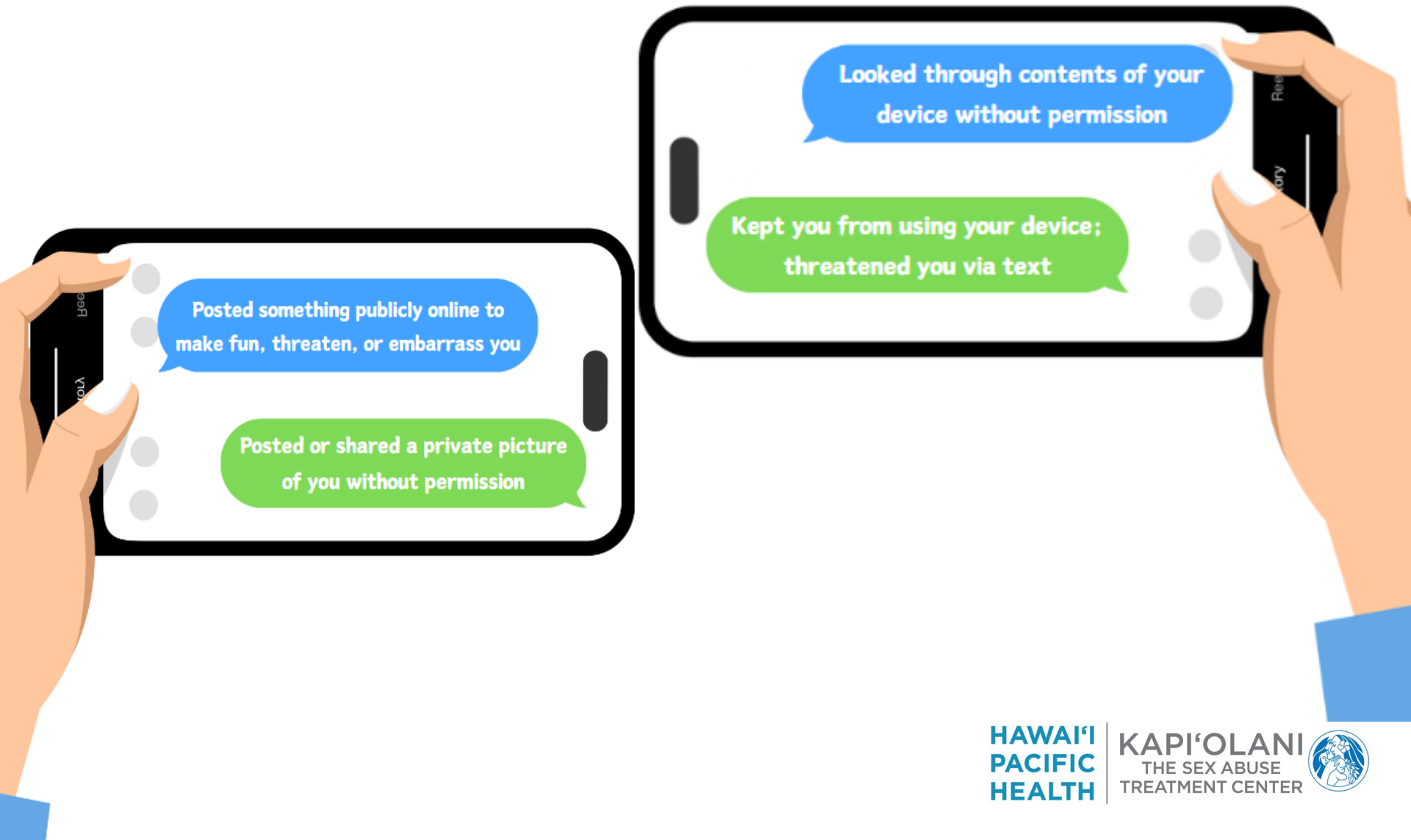
Forcing or attempting to force a partner into a sex act, sexual touching, or non-contact sexual event.

Physical
Violence

When a person hurts or tries to hurt a partner.



Digital Dating Abuse



What is Sextortion?

- When someone **coerces** or **threatens** to share a sexually explicit image/video of another person:

To acquire
more sexual
content

To engage in
sex

To obtain
money

- **1 in 17 minors** reported having personally experienced sextortion.
- It's an online exploitation crime.



Prevalence & Impacts of TDV



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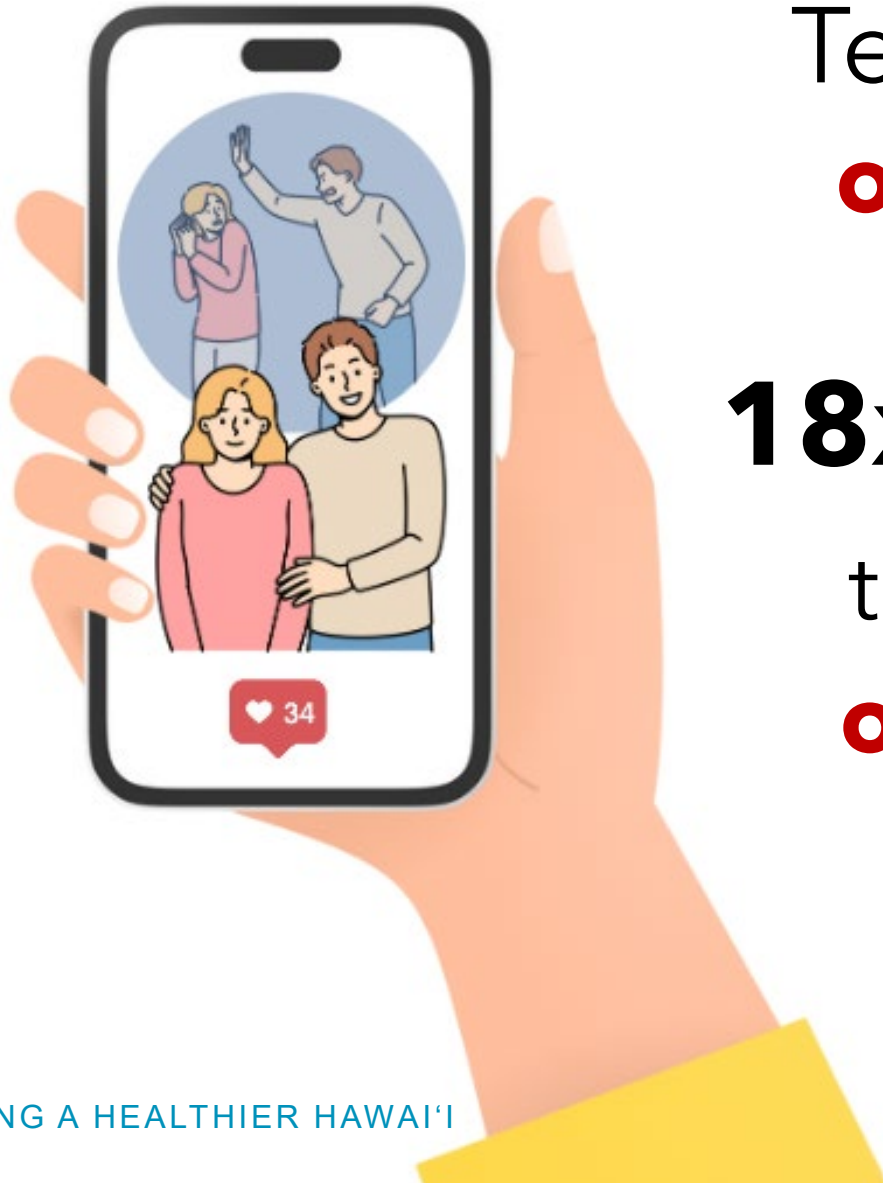
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TDV is Common



IRL and URL



Teen victims of
**offline dating
violence**
18x more likely
to experience
**online dating
violence.**



Youth at Increased Risk



Youth at Increased Risk

LGBQ



Heterosexual

TG/U



Cisgender



High Schoolers in Hawaii



9.8%

experienced **sexual dating violence** in the past 12 months.

9.7%

experienced **physical dating violence** in the past 12 months.

Source: Hawai'i Youth Risk Behavior Survey 2023.

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Different Names, Same Destination



IMPACTS OF TDV

Suicidal
ideation



Change in
sleep or
appetite



Fear or
hypervigilance



Drug and
alcohol
abuse



Emotional
dysregulation



Self
injury



High risk
sexual
activity



Running away

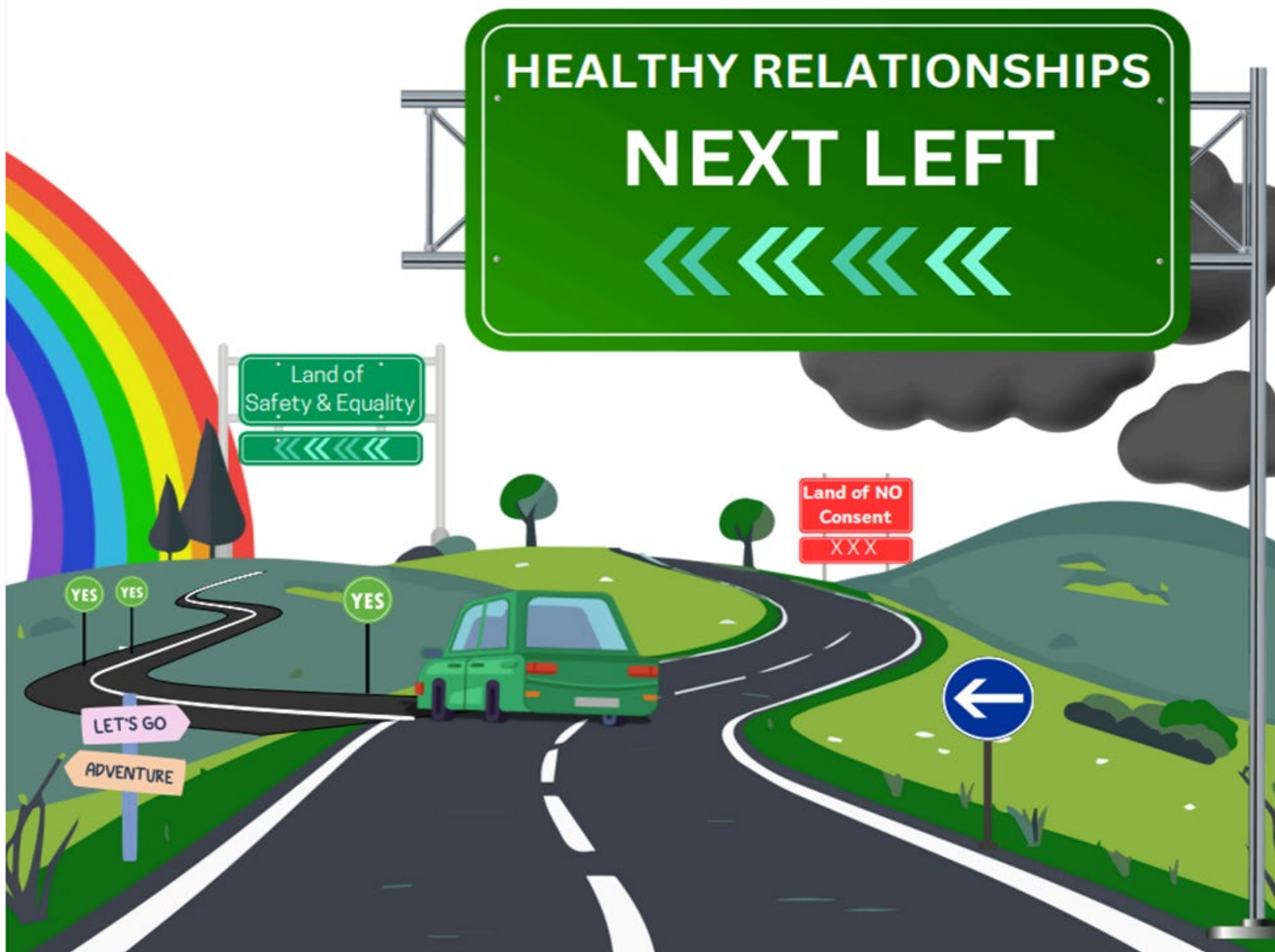


Academic
problems



Medical
concerns

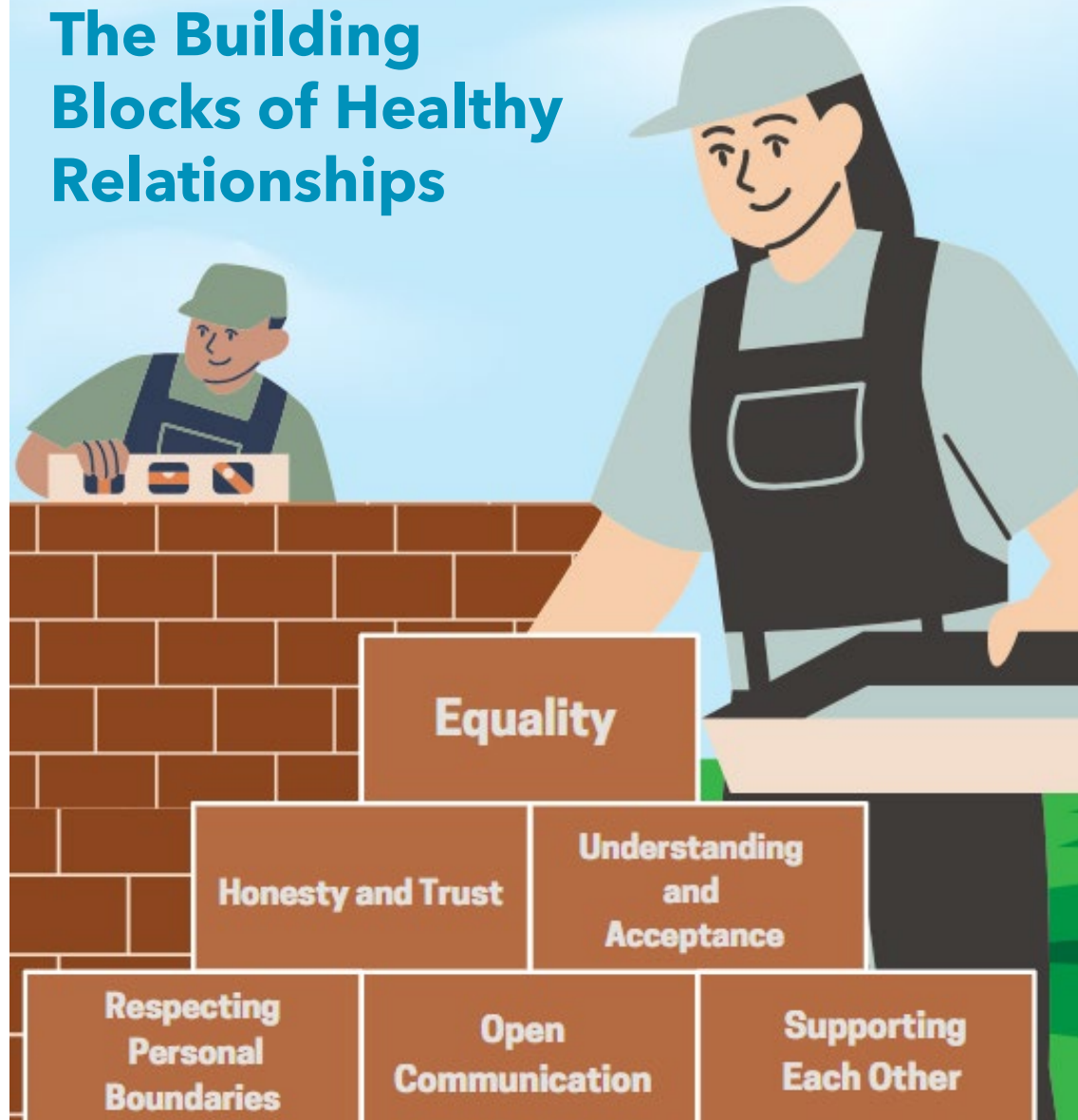




It Starts With Self



The Building Blocks of Healthy Relationships



Boundaries

Limits or lines that we set for ourselves.

- Saying what you're comfortable with
- A way to protect yourself
- Different for everyone
- A healthy action for all



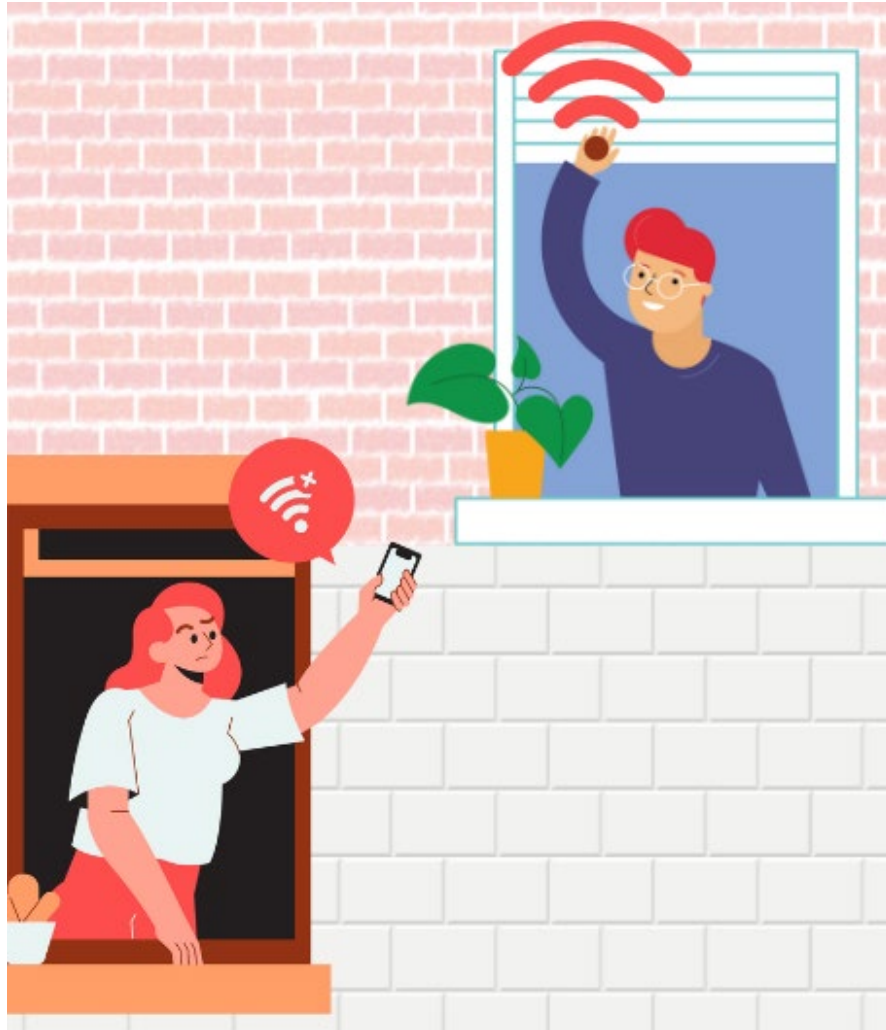
Just Remember!



If you don't want to talk about your boundaries with your partner because you're afraid they'll react with anger or violence, that is a **warning sign** that the relationship might be **unhealthy** or **abusive**.



Helping a Friend



If Your Friend Is In An Unhealthy Relationship



You can listen



You can stay curious



Remember to stay neutral



How to Respond

- ✦ **Believe** them.
- ✦ **Let** them vent.
- ✦ **Tell** them that you're always there.
- ✦ **Share** your concern in a gentle way.
- ✦ **Check in** with them.



I've noticed
you two fight
a lot. How
do you feel
about that?

I can see how
you are really
wanting this
relationship to
work.

I am here for
you anytime
you want to
talk.



How to Identify an Abusive Relationship

-  Your partner actively tries to cut you off from family and friends.
-  Your partner doesn't respect your answer when you say "no", especially with sexual activity.
-  You alter your behavior in public to appease your partner.
-  Your partner is harmful to you, others or threatens harm to self.
-  Your partner is jealous and possessive.
-  Your partner tries to financially control you.

Get Support

Where to find support if I'm in
an abusive relationship



Hotline:
808-531-3771

Hotline Hours:
M-F, 8:30a-4:30p

Where to find support if
I've been sexually assaulted



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Hotline:
808-524-7273

24/7

Webchat:
M-F, 8:30a-4:00p



SATC Services

The Sex Abuse Treatment Center

Emma Enloe, Crisis Outreach Educator

January 2026

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Sex Abuse Treatment Center Kapi'olani Medical Center for Women & Children

SATC 24/7 hotline: 808-524-7273

Website: www.satchawaii.org



Forensic - Medical
Emotional Support
Advocacy

*In-person and/or telehealth

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Hotline
Counseling
Medical-Legal
Advocacy
Prevention
Policy

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The Sex Abuse Treatment Center

hotline: **(808) 524-7273**

Phone: 24/7

Web chat: M-F,
8:00am – 4:30pm, excluding holidays



Age of Consent for Treatment in Hawai'i

**Mental Health, Reproductive Health,
or Substance Abuse Treatment:**

Ages 14 and older

Medical-Forensic Examinations



Medical-Legal Exams: Adults & Pediatrics

Free

Confidential

Police report (***if desired***)

Physician based/Survivor
Centered

Medical-Legal Examinations - Acute

- Adults & Minors
- Within 120 hours (5 days) or **symptomatic** (*Physical pain/discharge/etc.*)
- Involving penetration (*completed or attempted*)
- Medical care, Evidence collection (*if desired*)
- Available 24/7

Medical-Legal Services: Non-Acute

- Scheduled appointments, not drop-in
- Performed post 120 hours of a sexual assault
- Medical evaluation, documentation, and treatment
- Emotional support, advocacy and follow up
- No charge to victim, with or without police report

Pediatric Clinic:

- Scheduled clinic exam for minors 17 and younger
 - Delayed disclosures are common

HRV Clinic:

- Scheduled clinic exam for victims of sexual assault at high risk for commercial sexual exploitation & human trafficking:

Adults and Minors

Counseling



Crisis Counseling

- Focus on reducing symptoms* directly related to the assault and helping survivors regain a sense of normalcy.
 - Is available regardless of the medical forensic examination
 - Provided at no cost
 - For primary and/or secondary victims
- Survivor support services, case management, and advocacy* to support clients through judicial proceedings.
 - Civil and criminal
- Referrals for long term therapy.



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Clinical Services

- Must come through crisis
- Provide trauma-focused therapy
 - Individual, family, or groups
- Victim support services and case management.
- Advocacy to support victims through judicial proceedings – civil and criminal.
- Medication evaluation and management.

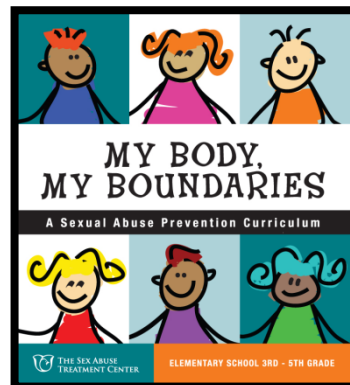
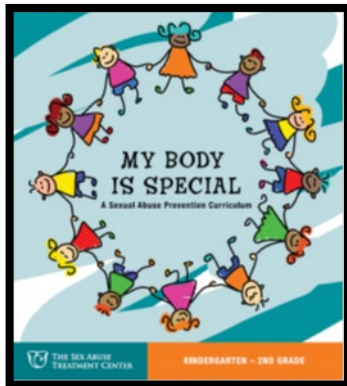


Prevention & Education



SATC's Sexual Violence Prevention Curricula

- Department of Education – Endorsed & collaborated on development
 - Meets Hawai'i Content Performance Standards for Health Education
- Evidence-informed curricula
 - Over 1,000 teachers and counselors trained statewide





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